

FY26 PROGRAM REPORT



CARITAS HOUSE

ASSISTED LIVING

CATHOLIC CHARITIES IN ACTION

SUMMARY

Caritas House is an all-inclusive assisted living community that provides older adults with personalized care, healthcare oversight, and supportive services in a safe, compassionate environment. Residents receive individualized assistance with meals, medication management, personal care, housekeeping, laundry, and engaging activities, with clinical oversight provided by a full-time Registered Nurse to promote independence and quality of life.

In FY26, Caritas House expanded its community marketing efforts to increase census while enhancing resident engagement through additional in-house activities, community outings. It expanded exercise programs to promote residents' physical health and overall well-being.

SERVICES PROVIDED

- Comfortable private rooms
- Three daily meals with snacks
- A full calendar of social, recreational, spiritual, and wellness activities
- Beautiful indoor and outdoor spaces to relax, socialize, and enjoy time with family and friends
- Personalized assistance with bathing, dressing, grooming, and other activities of daily living
- Access to on-site medical providers, physical therapy, and occupational therapy
- Medication management by trained staff
- Ongoing health oversight and wellness assessments by a Registered Nurse
- Individualized care plans that evolve as residents' needs change
- Housekeeping and laundry services
- 24-hour staff available for assistance and peace of mind

KEY OUTCOMES



Number of
individuals served

67



Occupancy
achieved

88%



Amount of subsidies allowing
longer stays at Caritas House

\$243,000



Number of Physical,
Occupational and
Speech-Language therapy
minutes provided

70,901

KEY GOVERNMENT FUNDERS

- Medicaid

In addition to the grant support from key government funders, we extend our deepest gratitude to the individuals, corporations, community partners, and foundations that support our work. Their generosity provides life-changing opportunities for families and individuals in need.

PROGRAM NEEDS

Each of our programs has specific in-kind donation needs, from school supplies to food and more. Caritas House specifically and consistently needs the following items:

- Arts and crafts supplies
- Playing cards and games
- Bingo prizes (socks, lotion, lip balm, lipstick, and other small gifts)
- Toiletries and personal care items
- Nail care supplies

If you would like to support Caritas House or any of our programs with additional in-kind donations, please visit cc-md.org/in-kind-donations.

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[CC-MD.ORG/
VOLUNTEER](https://cc-md.org/volunteer)**

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Use your camera to scan the QR code
to learn more about Caritas House
Assisted Living



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